

# ARE YOU REGISTERED?

Are you registered on your member website? If not, take a couple of minutes to complete an online form and choose a login ID and password. Your information will process promptly.

These couple of minutes will be time well spent. Your member website gives you all kinds of tools and programs to help you:

- Understand your health status, learn what you're doing right and where you need to improve
- Better manage all aspects of a chronic health condition
- Enhance your health and wellness habits
- Get quality information and patient reviews on health care providers
- Share your own provider experiences with other members
- Get estimated cost information on common health care procedures and surgeries
- Access important medical information to make informed care decisions
- Learn about healthy alternatives to high-cost, high-risk surgeries
- Review recommended preventive care for all members of the family, at every stage of health

- Save money on lab services and urgent care
- Get the tools you need to reduce stress, eat healthy, get fit and stop smoking, for good! And lots, lots more!



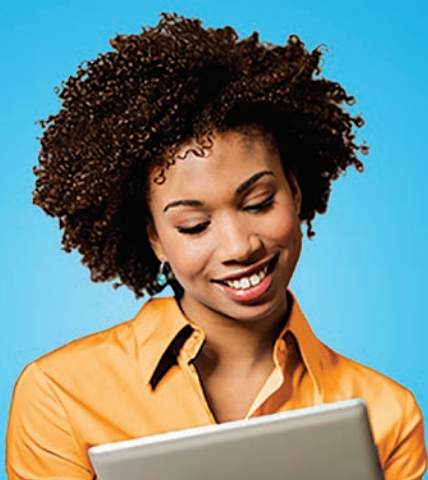
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[Log In or Register](#)

## WELCOME



## HOW TO MAKE THE MOST OF YOUR MEMBER WEBSITE!



Access helpful **health care tools** to manage your care costs, choose the right providers and plan for your care.



### FIND A DOCTOR

Locate primary care doctors, specialists, hospitals, imaging and surgery centers, urgent care centers, and pharmacies near you. Get quality information about providers. Check out the Patient Experience Reviews and write one of your own.



### CARE COST ESTIMATOR

Get cost estimates and quality information on surgical and imaging procedures, lab tests, and office visits to help you shop for the best value.



### PRESCRIPTION SERVICES

Manage your prescription coverage, find pharmacies near you, view your prescription history, update your contact information, and more with your prescription coverage.

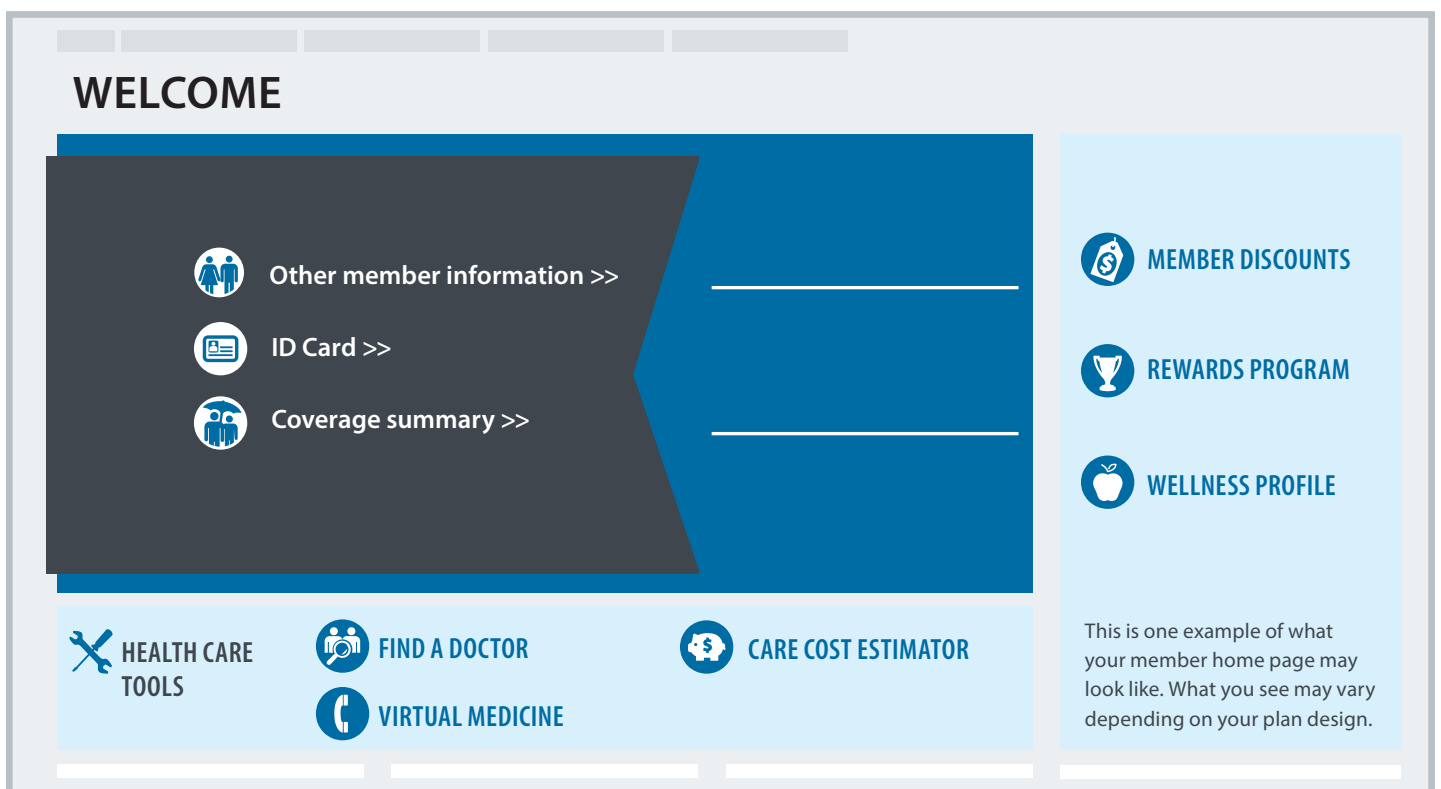


### VIRTUAL MEDICINE

Take advantage of video consultations from board-certified doctors for quick help with minor illnesses and injuries, behavioral health, dermatology issues, and even follow-up visits with specialists.

## YOUR MEMBER HOME PAGE:

IT ALL STARTS HERE!



## QUICK LINKS



### OTHER MEMBER INFORMATION

Check your member information and account settings, update your member profile, change your password, manage your site preferences, and more.



### ID CARD

View and print your virtual ID card.



### COVERAGE SUMMARY

Get information about your benefits, access your benefit booklet and more.



Review your claims to see:

- Current claims
- Payment status
- Claims and payment history

Get information about our wellness programs to help you save money while living healthier.



### MEMBER DISCOUNTS

Enjoy discounts on a variety of products, events and services.



### REWARDS PROGRAM

Get information on how you can earn rewards.



### WELLNESS PROFILE

Complete your Wellness Profile, and you'll receive the following:

- Health assessment — Find out where you stand with your health today and learn where and how you can improve.
- Risk report — Learn about where your health needs the most attention.
- Personalized action plan — Get a plan customized to your unique needs.