



Wesley
COLLEGE
**International
Programs**



International Reference Guide

International Programs Office
Dulany Hall Room 003
2015 - 2016

A note from Wesley College's International Programs Director

Dear Wesley College International Students,

Welcome to Wesley College! We are very happy that you chose Wesley College for your study abroad experience. I am a “movie buff” and my favorite movie of all time is *It's a Wonderful Life*. There is a great quote from that movie that I'd like you to keep in mind during your stay here, “*It's the chance of a lifetime.*” Rest assured that we will do all we can to assist you in having the most positive educational, social and cultural experience possible. The International Programs Team is here to help guide you to all the tremendous possibilities available to you. Our office is located in Dulany 003. You simply go through the front door of Dulany Hall, down the stairs, through the double doors, and we are the first door on the left.

It's important that you take time to get familiar with our Campus including the College Center, the dorms and the many support facilities we have. We also encourage you to get familiar with the local area including local transportation options. Please avoid going out on your own until you get to know the area. It is always a good idea to develop friendships with American students who can help you during your stay here. Experience has shown that our visiting international students tend to build lifelong friendships with our students. Those mutually beneficial relationships are a vital part of the overall “international experience.”

It is also very important that you take time to read this handout which we designed with your unique needs in mind. Once you get settled in, please keep it in your room and use it as a reference guide from time to time. Wesley College prides itself on the personalized service we can provide. There is no reason for you to get “lost in the shuffle” as we are here to help you find solutions. You have a strong support team available to you, including the:

- Health Center
- Student Life Office
- Academic Resource Center
- Academic Advisement Office
- International Programs Office

In addition to the general Wesley calendar of events, there are several unique international opportunities that we would encourage you get involved in including: the Multicultural Student Union (MSU), International Fireside Chats, trips to local cities and attractions, dinners, etc. We will provide you with a copy of that calendar to help you plan your time during your stay at Wesley College.

Once again, welcome to Wesley College. We sincerely want to do all we can to help you make the most of this “*chance of a lifetime.*”

Carpe diem (Seize the day)!

Kevin Cullen
International Programs Director

Table of Contents

- Welcome from the International Programs Director1
- History of Wesley College3
- Arrival Tips for International Students4
- Support Services and Programs5-6
- Staying Healthy in the United States7-8
- Safety on Campus.....9
- Residence Life (Dorm Regulation)10
- Billing and Course
Registration.....11
- US Classroom Culture12
- Travel Information and Safety.....13-
14
- U.S. Holidays Explained.....15
- Local Services in Dover.....16



HISTORY OF WESLEY COLLEGE

Founded in 1873 as a preparatory school, Wesley College has a covenant relationship with the United Methodist Church. The College offers 30 bachelors, four associates, and master's degrees in nursing, education, business administration and environmental science in a multidenominational, multi-cultural campus setting. Wesley College and its athletic facilities are located on 50 acres in historic Dover, Delaware. Dover is the capital of the nation's first state and has 35,000 residents. The campus is situated in Dover's major residential community with stores and banks in easy walking distance and malls a short commute. In addition to being the site of many pre-Revolutionary War buildings and sites, Dover is also the home of Dover Air Force Base and Dover Downs International Speedway, which hosts two annual NASCAR races. Most of the College's 1,500 students (1,400 traditional and 100 adult full-time) come from the Middle Atlantic region. The majority of full time students enroll directly from high school, but the College does provide programs for nontraditional students. Wesley attracts students interested in a personal approach to learning, with a 17:1 student to faculty ratio!



Arrival Tips for International Students

As an International Student at Wesley College, you will fly directly into Philadelphia International Airport, PA on the date instructed in your welcome information (For Fall 2015 students, this date is August 18th. For Spring 2016 students, this date is January 6th). Representatives from the International Programs Office will be at the airport to help you with your luggage, transport you to the college, and help you to get set up in your dorm room. In order to be rested from “jet lag” we have set your arrival day one day prior to your orientation.

Your room key will be ready for you upon your arrival.

You will also meet with the Director of International Programs within a week of your arrival. Initially we will work with you to set up your phone, your College ID card (which provides security and gives you access to buildings, as well as acting as your meal plan card).

You will be given an orientation session, that includes a tour. Your class schedule will be set up prior to your arrival, but any adjustments can be made at this time.

We will help you set up a bank account and give you a sense of the area and activities in the community. Many items can be purchased in Dover, but we suggest that you bring at least one set of sheets and a blanket. (Please be aware that your sheet size is depending on what dorm you are rooming in as it varies from dorm to dorm.) Your room includes a single bed, desk, chest of drawers and a closet.

Visa and I-20

As an international student, you are here on a visa. Most of you have an F-1 visa, which means you can work on campus for no more than 20 hours a week. You also must stay full time status with your course load. **In Wesley College, to be considered a full time student you have to be taking 12 or more credits, as an Undergraduate, or 6 credits as a Graduate. If you go below that limit you will be considered part time and will fall out of status.** Do not drop below the required credit hours.

Always remember, that any time you leave the country, whether to go home or on vacation, you must visit the International Office to have Anna sign your I-20 form. **You must have an I-20 form with a signature from Anna or Mr. Cullen in order to get back in the country.** There are no exceptions! If you anticipate graduating early or you want to extend the time of your program, contact Anna and she will change your I-20 for you. At the start of each semester, check in with Anna so she can activate your I-20 and verify you are here. Please give your new addresses to Anna.

If you ever have any doubt about the legal nature of any of your actions, or if you have any questions, always ask Anna. It is far better to be extra cautious than to risk having your visa questioned.



Support Services and Resources

Library

The Parker Library houses books, periodicals, microforms, reserve readings, electronic databases, etc. In addition to in-house material, items may be borrowed from other libraries in Delaware and libraries in the Tri-State College Library Cooperative. Through an international cooperative automated interlibrary loan system, students have access to materials worldwide. The Parker Library building also houses Student Support Services, Student Success and Retention, the Tutoring and Writing Center, Counseling Services, and the Computer Center. Each of these operations is independent of the Library with its own staff and schedule.

Academic Resource Center (ARC)

Wesley College is proud of its tradition of individual attention and academic support for each of our International students. The Department of Academic Support helps to assist out students by offering comprehensive services and individual support. Programs and services are designed to help students respond effectively to specific academic challenges they encounter due to cultural or language differences. The Department of Academic Support (ARC), located in Parker Library 107, provides a broad range of academic support for all Wesley students throughout their entire college experience. These programs include Seminars for Academic Success, supplemental instruction, peer tutoring in subject areas and in writing across the curriculum. Disability Support is offered for all students with documented disabilities providing equal access to all areas of campus life.

The Department of Academic Support assists students on their path to academic success with the following resources, programs and individual support:

- Full time professional staff
- Dedicated study area with wireless internet access
- Peer Tutoring and Writing Center for subjects across the curriculum
- Seminar Series for college learning strategies
- Academic accommodations through Disability Support Services
- Career Service counseling
- Supplemental Instruction for specific difficult courses
- Computer Center

Bookstore

The College Bookstore, located on the ground floor of the College Center, contains a complete line of required textbooks and college supplies. Additionally, there are items such as clothing, sweatshirts, class rings, and greeting cards for sale. Normal hours are 9:00 a.m. through 4:00 p.m., Monday through Friday. Special hours are established at the beginning of each semester to accommodate students purchasing textbooks.

Computer Use

In support of its mission of teaching, research, and public research, Wesley College provides computing, networking, and information resources to the College community and works to create an intellectual environment in which users may feel free to create and to collaborate with colleagues both at Wesley College and at other institutions. Access to the College's computing facilities is a privilege granted by the College. The College reserves the right to limit, restrict, or extend computing privileges and access to its information resources. All members of the College community who use the College's computing and information resources must act responsibly to maintain the integrity of these resources. These policies include the College's Computer and Network Use Policy and its Electronic Information Publication Policy, available at the College web site (<http://www.wesley.edu>).

Your Wesley Email Account

Email accounts are automatically issued when a student registers at Wesley. It is very important that you log in and check your Wesley email regularly! Offices such as the Office of the Registrar, Student Financial Services, and International Student & Scholar Services will send selected official communications to students via e-mail. Such e-mail might include individualized or group messages such as Financial Aid award letters, Residential Life room assignments, advising appointments, or immigration information.

The University will use only your Wesley account to communicate with you. **If you fail to check your Wesley email account on a regular basis, you may miss very important emails.** It is the student's responsibility to promptly report any problems with e-mail accounts or access to e-mail to Information Technology.

Counseling Services

Recognizing that the being abroad is a time of transition and development, counseling services are available at Wesley College to help students navigate the difficult transitions and changes at this time in their lives. Individual counseling often includes assisting students in overcoming their current personal and educational concerns. It can also provide a preventative function by helping students anticipate situations that may hinder their growth and by planning constructive interventions. Students in need of psychiatric services are referred off-campus to professionals in the Dover community. Feel free to contact Ann Rogge at 302.736.2445 or Chelsea Vest at 302.736.2735.



Staying Healthy in the United States

Adjusting to a New Culture

Your health has a direct effect on your academic success. You can reach your best academic achievement only if you are healthy, well rested, and alert. Cultural adjustment is a process that takes time and often leads to stress. Knowing what to expect, and developing ways to manage the stress, can help. Learning your way around a new place, homesickness, language difficulties, trying to meet new people and making new friends, along with the differences in cultural values can cause stress. You may experience changes in moods or attitudes, such as awkwardness, embarrassment, frustration, anger, and disappointment. Stress can be managed! You can begin by eating well, exercising, and getting enough rest. Engage in activities that you really enjoy, whether alone or with the friends you have made in the United States.

Keep your expectations realistic: trying to do too much can cause you to become frustrated and even more stressed. Set priorities so that you work on the most important tasks first and leave the minor ones for later. Take one thing at a time, don't try to be perfect, and focus on your strengths. All of these will help you maintain more control over your life and reduce stress.

Practice your English daily. Difficulty in communicating inevitably leads to frustration and causes stress.

Wesley College Health Center /Health Services

The College Health Center provides ambulatory and urgent health care to all full-time students. The center is open from 7:30 am – 4:30 pm, Monday – Thursday and 7:30 am – 12:00 pm on Friday, throughout the academic year. The services of the College physician and the College nurse are provided to full-time students without charge. The Center is located in Carpenter Hall with the entrance located behind Carpenter Hall. In order to receive treatment from the Wellness Center you must present a valid student ID. If you do not have your student ID with you at the time of your appointment you will be rescheduled for a later time. Please contact the Wellness Center if you have any questions.

The College physician has scheduled hours each week and appointments are arranged in advance by the College nurse. Throat cultures and other limited laboratory tests are done in the Center. Students who require allergy injections will be referred to a local Allergist. Limited quantities of over-the-counter medication are provided in the Health Center. Prescriptions, as ordered by the College physician, can be obtained at local pharmacies at the student's expense.

Physical examinations are required for participation on athletic teams. Athletes must have physicals prior to reporting for camp. The Health Center does not provide physical examinations. The College Health Center does not provide students with "class excuses for illness". Students must assume responsibility for talking directly to their instructors regarding class absences due to illness.

When the Health Center is closed (evenings and weekends) and serious illness or injury occurs, students are seen at the emergency department of Bayhealth Hospital (less than one mile from campus).

Students using this facility will be billed for services rendered. The Health Center does not provide inpatient care. Prolonged recovery from illness or injury is not permitted in the residence halls.

Policy: Student Transportation

Emergency transfer of a student from the Wesley College Health Center will take place via ambulance. The clinician/health care provider will call 911 for ambulance transfer (9-911 if using an on campus phone) and give the Wesley College Health Center address: 120 Fulton Street, Carpenter Hall. Cases will arise when non-emergency transportation is indicated either to a physician's office or to the hospital. The staff will make every effort to assist in appropriate transportation as follows:

- Via private auto with family, friends or fellow student.
- Via City Cab (302-734-5968) The Wesley College Health Center has an agreement with the cab company to pay for this service. The student must meet the cab outside of Carpenter Hall. The Wesley College Health Center will pay for the cab, if we are referring the student to another health care center or to a physician's office.

Transport of students to the Health Center is primarily the responsibility of the student. The Wesley College Health Center is not an emergency facility and does not accept patients transferred by ambulance.

Check List for Good Health

- I know the locations and hours of my campus health center.
- I know where to go for care when the campus clinic is closed.
- I have purchased medical insurance for myself and I carry my medical insurance card with me.
- I understand the process of cultural adjustment and know that it can affect my health.
- I practice healthy behaviors to reduce stress
- I eat balanced meals and get enough rest each night.
- I know shops and restaurants that offer familiar foods that remind me of home.
- I exercise regularly to keep fit, by participating in activities I enjoy.
- I seek opportunities to practice speaking and listening in English.
- I know the location, hours, and services offered by the counseling center on my campus.
- I know how to read food labels in the store to check for nutritional content.
- I am aware of the laws governing purchase and consumption of alcohol in the state where I live, as well as the campus alcohol policy of my university,
- I wash my clothes regularly and care for my personal hygiene in a way that is comfortable for myself and sensitive to the cultural expectations of those around me.
- I brush and floss my teeth daily
- I have met the immunization requirements of my university.
- I have emergency telephone numbers posted in my dorm room and in my cell phone.



Safety on Campus

Like most issues, safety in the United States is difficult to define because the United States covers such a large territory. While the U.S. is generally a very safe place to live, it is still a good idea to educate yourself and take steps to reduce the potential for problems. By doing so, you will also feel more confident and comfortable. Developing a sense of "street smarts" takes time, and comes through experience. You should familiarize yourself with well-lit paths and sidewalks on campus. The school's security office offers an escort service, where designated people walk with you from one place to another on campus, particularly at night. Pay close attention to your surroundings. Trust your instincts. If a situation appears scary to you, try to avoid it.

The primary purpose of security personnel is to provide services that pertain to the welfare and safety of students, protect the interests and property of Wesley College, and enforce College Community Standards. The Office is located on the ground floor of the College Center in the rear of the Underground. Students finding unidentified property or seeking to recover lost items should check with Security. Students should travel in groups on campus and on local streets. They should try not to be on the street after visitation hours and late at night. Unfamiliar or suspicious people should be reported immediately to a security officer or a staff member. Room keys should be secured at all times, and no one should be permitted access to a residence hall without his/her keys. Residents of first floor rooms should use the window safety slide bars and keep the shades drawn. Security is available to provide escort services between College buildings or to a car. When walking to a vehicle, one should have the keys ready and the back seat of the vehicle should be checked before entering. Students should carry their Wesley ID and room keys at all times. Special security concerns should be reported to the Director of Safety and Security.

To set up security alerts on your phone- text "Wesley" to 79516. When you get a response, text "Yes".

Identification Cards "Student ID"

At the beginning of a student's first semester as a full-time student at Wesley College, the College provides the student with a College identification card. This ID card is used the entire time the student is enrolled as a full-time student. Students are required to carry this card with them to gain access to the residence halls, dining hall facilities, and for the admission to athletic, cultural, and social events. A student must present his/her ID when asked for by any College official including but not limited to Resident Assistants, Resident Directors, Safety and Security Officers, Local or State Police Officers, College Faculty. Students, who refused to submit their identification card, when asked, will face judicial action. Lost, damaged, or misplaced ID cards can be replaced at a cost of \$15.00. ID cards are the property of Wesley College and must be returned upon termination of the student's full-time status at the College. A student may not have more than one Wesley College ID card. Lost cards, which are recovered, must be surrendered immediately to the Safety and Security Office.



Resident Life (Dorm Room Regulations)

Wesley College believes that residence life is an integral part of the total educational experience. In addition to providing students with a place to live, the residence hall provides students with a community in which lifestyles can be developed, challenged, and tested. During your time at Wesley College, you will be living and learning with American students. Some of the advantages of residence hall community living include: formation of lifelong friendships, participation in various social and athletic activities, exposure to the attitudes and values of others, and integration of the academic and residential life of the campus. While the residence hall experience is designed to allow students to grow and to develop as individuals and leaves many of the decisions which affect their daily lives to their own discretion, the College mandates policies and guidelines for community living. These are not intended to hinder community development, but to promote institutional goals, maintain high standards of security and sanitation conform to local or state fire, building, safety and health codes and regulations, and protect the College's investment in facilities and furnishings. A large part of "college education" is the learning that comes from living with others. Wesley's residence life program is designed to make the adjustments – personal, social, and academic – as healthy as possible, and to make the living experience both educational and enjoyable.

Residence Life Staff

The Director and Assistant Director of Residence Life provides overall coordination for the residence halls. An Area Coordinator resides in a residence hall and provides supervision for management over the two halls in the area. An Area Coordinator sees over South Campus (Malmberg/Zimmerman), Central Campus (Carpenter/Roe), and North Campus (Williams/Gooding). Each residence hall also has upper-class students who serve as Resident Assistants (RA). The role of these students is to assist the Area Coordinator in the daily operation of the building, and to be a resource to students.

Holiday and Final Exam Periods Use of Rooms

Room and board are provided during the time when the College is in session. Students are required to vacate their rooms the day of their last final if the test is scheduled before 3:00 p.m. Students having finals scheduled after 3:00 p.m. must vacate their rooms by 10:00 a.m. the next day. At the end of the Fall term, any student not planning to return for the Spring semester must check out with the Residence Life Staff of that building and clear all outstanding bills with the College. At the end of the Spring term, all non-graduating students must completely vacate the room, check out with the Residence Life Staff of that building, and clear any outstanding bills with the College.

Laundry

Each building has a "laundry room" which is similar to a small Laundromat. The machines are coin operated.

Billing Information

To keep your status as a student at Wesley College, you must keep your tuition consistently paid. Undergraduate students must pay their tuition by check-in of the current semester. Graduate students must pay for the previous class before registering for the next class. To discuss billing and payments please call the business office at 302.736.2331.

Course Registration

As an International Student, you are held to the same standards as Domestic Students and with that being said, you have been given an academic advisor who is going to help you through the process of creating schedules, and what courses you must take next. Your advisor is listed on your schedule, please reach out to them and introduce yourself in the beginning of the semester. They are your “go to” person for anything regarding courses.

Add/Drop/Withdrawal Policy

After the semester or class starts, there is a designated add/drop period. There are different times for graduate and undergraduate.

- Undergraduate
 - The add/drop period for undergraduates is the first week of classes after the semester starts. As an undergraduate you can withdraw from a course, approximately two months from the start of the class. When you withdraw from a class, this class stays on your transcript but does not affect your GPA.
- Graduate and Adult Studies
 - The add period for graduates and students in the adult studies program is two days after the class starts. Based on when you drop or withdraw from a class, your tuition reimbursement is as follows in the chart below.

| Course Length | Before Week 1 | After the First Week of Classes | After the Second Week of Classes | After the Third Week of Classes | After the Fourth Week of Classes |
|------------------------------------|--------------------------|-----------------------------------|-------------------------------------|---------------------------------|----------------------------------|
| 12+ weeks Tuition Refund | 100% | 75% | 50% | 25% | None |
| 7 - 11 weeks Tuition Refund | 100% | 50% | 25% | None | None |
| 3 - 6 weeks Tuition Refund | 100% | 50% | None | None | None |
| Online Only | Before Start Date | 1 Day Following start date | 2+ Days Following Start Date | | |
| Online Tuition Refund | 100% | 50% | None | | |

Institutional Aid Recipients

Wesley College scholarships and grants will be prorated on a similar schedule to the above chart to determine a student's final balance based on when a student withdraws: Before Week 1 = 100%; Week 1 = 75%; Week 2 = 50%; Week 3 = 25%; After Week 4 = None

Refund Payments Tuition paid by credit card will be refunded to your credit card within one to two weeks of your drop/withdrawal request. Please contact the Business Office with your credit card number as they are not kept on file. If you paid by check or money order, you may expect a refund check will be mailed to you within six to eight weeks of your drop/withdrawal request. If you have any questions, feel free to contact the Business Office at cashier@wesley.edu.

Room and Board: One hundred percent of the room and board charges, less the housing confirmation fee, will be refunded if written notification of cancellation is made before the first day of classes. After classes start, room and board charges will be refunded on a pro-rata basis through the end of the first month of the semester. After this date, no refund will be given for room and/or board.



US Classroom Culture

As an international student, you will experience many new and exciting things. People who choose to study abroad as part of their education most often find their experiences the most rewarding of their lives. The exchange of ideas, experiences, and insight makes the U.S. classroom a vibrant place to study. This sharing of knowledge and experience is one of the most important reasons U.S. universities treasure the presence of international students in their classrooms. Of Course, cultural values and practices outside the classroom also affect what happens inside the classroom. Here is a summary of advice from International Students in the United States to new students who will arrive soon:

- “Once you are in the U.S, find someone to ‘show you the ropes’” Either an international student from your country or a U.S. student can help you learn about, understand, and adjust to the U.S. education system
- “Be Independent.” In the United States, you will likely not get as much help as you are used to. You are required to figure things out for yourself, to learn by doing.
- “Arrive Prepared.” Improve your English skills before arriving.
- “Try to adapt.” As you encounter differences in the U.S., think of ways to deal with them constructively.

Recommendations

- You are encouraged to listen to the conversation on this topic; to ask questions of faculty, staff, and other students about the role of diversity in American society; and to contribute your points of view when discussions of such topics occur.
- When in the United States, use your observational skills to determine how the instructor will manage the class and what he or she expects of you. If you feel concerned about shyness or English skills, talk to the professor about it. In some classes, students have the opportunity to influence the atmosphere in the class. If you find that your contributions are not being valued, seek support from a fellow student, advisor, or other faculty member you trust.
- When you meet with instructors individually, prepare ahead of time. It is helpful to think about and write down your questions to take to the meeting. At the meeting, try to be clear and concise about what you are trying to convey or ask.
- Try to withhold judgment of the U.S. classroom until you are actually in one. The experience may be new and possibly difficult at first, as it has been for many international students. But with observation, patience, and practice, the experience will get easier.
- Use the writing center tutors (located in the ARC) and other services provided to help with any assignments that you may need extra help with.

“Don’t expect it to be like [in your country]... Try to adjust... Just because things are different doesn’t mean they are wrong”



Travel Information and Safety

Located in the historic district of Delaware's capital city, Wesley attracts many of our international students because of its close relation to many attractions including Baltimore, Philadelphia, Washington DC, New York, and the Delaware Beaches. As an international student, you will have many opportunities to travel with your fellow students either through Multicultural Student Union sponsored trips, student life events, and classroom field trips. However, many of you will organize your own trips and travel independently or with a small group of friends. Make sure you research your trips thoroughly before you leave and keep the International Programs Emergency Contact List with you in case of an emergency. Travel with your student ID not only for safety, but additionally because it may provide you with a student discount at many featured attractions including transportation, museums, etc. If you have any questions about organizing your trip or what is available, please set up an appointment with your Study Abroad Advisor.

Travel by Bus

- The DART Bus provides a great sense of independence for our International Students. To ride the bus, you may pay in cash (exact change) or you may decide to purchase a student bus pass. Depending on which route you choose to take, the bus can take you throughout the Dover area (For example, the 109 can take you to the mall, casino, and a few shopping complexes in the immediate Dover area), or you may choose to switch buses and take it up to New York! Whichever you choose, please make sure you research your route paying attention to times, connections, and non-service holidays.

**Bus schedules are available in the International Programs Office. Tickets are available at www.dartfirststate.com **

- The Dawson Bus Service out of Camden, Delaware offers various day and overnight bus tours.

** Tour Brochures available at www.DawsonBusService.com **

Travel by Plane

- The closest airports to Dover are: Philadelphia, PA, Baltimore, MD and Newark, NJ. You may find your flight information limited to one of these airports, or you may choose your airport based on price. You are responsible for your own transportation to and from the airport you have chosen. You may decide to travel with a friend, take a bus, or pay for a taxi.

Travel by Car

- While traveling by taxi can be expensive, some of you may choose this option because it is one of the fastest and most direct modes of transportation. There are three taxi services available in Dover.
 - City Cab (302) 678-8200
 - Ultimate Choice Taxi (302) 741-0400
 - 5 Star Limo Service (302) 674-8448

Travel Safety Tips

1. Whenever possible travel in groups. Risk is created by travelling alone.
2. Walk in well-lit areas even if it means your trip is longer.
3. Avoid short cuts through dark isolated areas.
4. Keep valuables such as mobile phones, laptops and iPods out of sight and stay aware of your surroundings when travelling on public transport.
5. Outside of peak times and at night travel in the front carriage of the train with the driver or sit in the guard's compartment. Where possible do not travel in empty carriages.
6. Check Public Transport timetables in advance. Avoid long waits on platforms and around Public Transport hubs. If you do have a long wait stay in well-lit areas or near open shops.
7. If you feel threatened in any way while walking on the street go to a shop or a house with its lights on (if at night) and ask for police to be contacted.



Holidays in the US

New Year's Day (January 1st): Large parties are held on New Year's Eve (December 31st) when people gather to cheer in New Year's Day. January 1 is often a day for family reunions, and for many people, a day of watching football games and parades on television.

Valentine's Day (February 14): It is a holiday that celebrates love. On this day, boyfriends, girlfriends and friends exchange Valentine's Day cards and gifts. Common gifts include flowers, chocolate, and jewelry.

Easter Sunday (1st Sunday after the 1st full moon after March 21st): A very important Christian holy day commemorating the Resurrection of Jesus Christ. Religious services are conducted during the week preceding Easter and on Easter Sunday.

Memorial Day (Last Monday in May): This day commemorates deceased family members and those who died at war. People often place flowers on graves.

Independence Day (July 4th): National holiday celebrated with patriotic parades, picnics and many community activities, including fireworks.

Labor Day (1st Monday in September): Holiday honoring all laborers. Events have a flavor of "last chance for summer."

Halloween (October 31): Also known as the Day of the Dead, Halloween is a fun festival, especially for children, who wear costumes and go from house-to-house for candy. Many carve pumpkins and have fun activities, such as costume parties and storytelling about monsters, witches, and ghosts.

Thanksgiving (4th Thursday in November): Fall festival commemorating the first successful harvest for the immigrants to this continent. A traditional feast, featuring roast turkey, celebrates this day.

Christmas Day (December 25th): A very important holy day celebrating the birth of Jesus Christ. The Christmas season, which begins after Thanksgiving Day and runs until December 25, includes traditions such as the exchange of cards and gifts among friends and relatives. Children believe in "Santa Claus", a jolly bearded man who lives at the North Pole and delivers toys to all good children on the night before Christmas. During the holiday season, people decorate their homes with Christmas trees and colored lights.



Local Services in Dover

Banks

| | | |
|------------------|---------------------------|----------------|
| Citizens Bank | 8 West Loockerman | (302) 734-0200 |
| M&T Bank | 139 South State Street | (302) 735-2011 |
| Wells Fargo Bank | 137 South Bradford Street | (302) 736-2941 |

Pharmacies

| | | |
|-----------|--------------------------|----------------|
| CVS | 11 North Dupont Highway | (302) 672-7010 |
| Walgreens | 1001 Forrest Avenue | (302) 678-9820 |
| Rite Aid | 245 North Dupont Highway | (302) 674-2945 |

Grocery Stores

| | | |
|-----------|---------------------------|----------------|
| Safeway | 301 North Bradford Street | (302) 734-5511 |
| Food Lion | 1030 Forrest Avenue | (302) 674-2921 |
| Acme | 1001 North Dupont Highway | (302) 674-8307 |

Hotels

| | | |
|------------------------------|---------------------------|----------------|
| Days Inn | 272 North Dupont Highway | (302) 674-8002 |
| Super 8 Dover | 348 North Dupont Highway | (302) 734-5701 |
| Dover Downs Hotel and Casino | 1131 North Dupont Highway | (302) 674-4600 |

Movie Theaters

| | | |
|---------|------------|----------------|
| Carmike | Dover Mall | (302) 734-5249 |
|---------|------------|----------------|

Pizza (Delivery)

| | | |
|----------------|--------------------------|----------------|
| Domino's Pizza | 261 North Dupont Highway | (302) 735-3333 |
| Roma's Pizza | 1047 Walker Road | (302) 735-7611 |
| Pat's Pizzeria | 1224 Forrest Avenue | (302) 674-7070 |
| Pizza Hut | 779 North Dupont Highway | (302) 736-0256 |

International Restaurants

| | | |
|------------------------------|---------------------------|----------------|
| Flavor of India (Indian) | 348 North Dupont Highway | (302) 677-0121 |
| El Nopal (Mexican) | 627 West Division Street | (302) 678-8156 |
| Bangkok Thai Cuisine (Thai) | 266 South Dupont Highway | (302) 736-1606 |
| Thai Style (Thai) | 1855 South Dupont Highway | (302) 730-4472 |
| Great Wall Kitchen (Chinese) | 425 South New Street | (302) 674-8828 |
| Yukon (Korean BBQ and sushi) | 865 North Dupont Highway | (302) 734-4100 |